

HEALTH AND ENVIRONMENTAL

“Tis the Season!” for important health and environmental reminders:

1) Prevent tick born illnesses

Ticks are out and about, so time to become vigilant in conducting tick checks ... There are many web sources to consult re how best to protect your families and your pets ... Include pets that are allowed outdoors when checking for ticks ... Below are two possible resources to consult for recommendations:

- <https://www.health.ny.gov/diseases/communicable/lyme/>
- <http://www.caryinstitute.org>

2) As you prepare for the gardening season ahead: remember: What you or your contractor put on your lawns or gardens may well end up in our drinking water. ... Do not feed the algae! Do not use any phosphorus-based fertilizers! Follow all restrictions carefully ...

3) Most of us live on steep slopes ... Institute gardening practices that help filter storm water. Even though you may not have lakeside property, principles related to reducing erosion on steep slopes are the same. ... There are many online resources that are helpful like:

- <http://dnr.state.mn.us/lakescaping/index.html>

4) This is a great time to remove invasive non-natives like barberry and garlic mustard and replace with natives. The deer-culling program gives the natives a fighting chance. Ticks love living in barberry and garlic mustard. Remove them !!! ...